KINDNESS CARDS

Create a card and write a letter expressing your gratitude to someone special in your life.

This week's activities: Kindness Card

Kindness Card

Suggested Materials:

- Construction paper, card stock or recycled cardboard
- Yarn, string, embroidery floss
- Pushpin or pencil to poke holes through the paper
- Embroidery needle (optional)
- Markers, coloured pencils, other writing and craft materials

Directions:

1. Fold paper in half to create a card.
2. Lightly draw heart shape with pencil.
3. Use pushpin or pencil to poke holes through the paper along the shape you drew (if you don't have yarn then use your imagination to create an artistic masterpiece for the front of your card with craft supplies.)
4. Thread yarn through the holes. Make sure to tie a knot on your first go through so it stays secure in the back of the card.
5. When all the holes are threaded put a knot in the last thread.
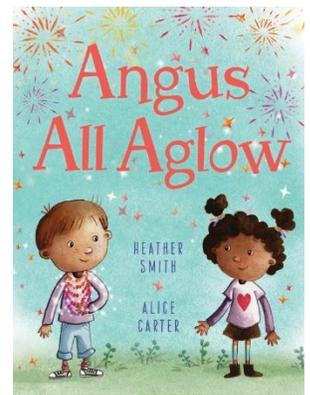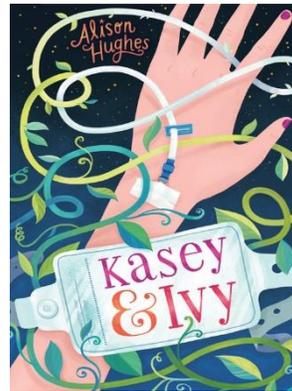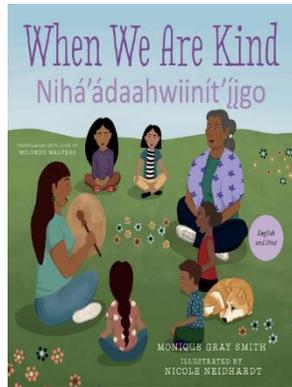6. Your card is complete. Now you can write a kind message inside your card to brighten someone's day.
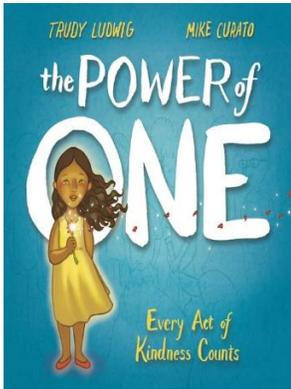
Here are some ideas to think about what you want to write:
- Thank you for being such a great _____.
- You make me laugh when_____.
- I will always remember when_____.
- I feel _____ when you _____.
- You are the best at _____.
- I like it when you _____.
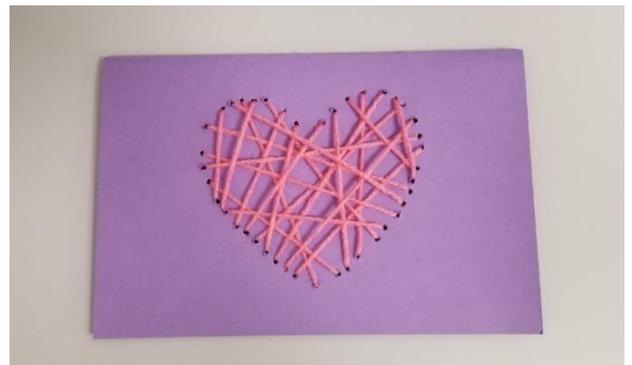
Links to eResources:

Check out our [eBooks](#) on these topics:

[Kindness](#) | [Friendship](#) | [Letters](#)

Get ideas on how you can be kind. Read *I Am a Kindness Hero* by Jennifer Adams and Carme Lemniscates and *Be Kind: You Can Make the World a Happier Place 125 Things to Say and Do* by Naomi Shulman on [Hoopla](#).

You can get a library card at [hpl.ca/online-registration.](#)

If you would like to share one or all your creations, please take a picture and post it to social media using the hashtag, #HPLmakesomething.

#HPLmakesomething
hpl.ca/kids